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Grand Teton 50km

Course Description

The course starts at the Grand Targhee Resort base area, in front of the Dreamcatcher chair, and follows the Teton Vista Traverse uphill. At roughly ¼ mile, the course turns left and follows the dirt road to the top of the Shoshone Lift, then turns right to pick up the Bannock trail, which turns to single track aid under the Blackfoot lift, and leads to the Fred's Mountain Aid Station, where it heads downhill, via the Sidewinder Downhill Mountain Bike Trail. Near the base of the resort (and just under the Dreamcatcher Chairlift) the course turns left, rejoining the same dirt road that was followed for the first 3/4 of a mile of the race, on the way to the top of Fred's Mountain. It then turns right and continues back to the Base Area aid station. Exiting the Base area, the course heads south, following the dirt road uphill, staying left up towards Peaked Peak before turning right onto the Peaked Trail then staying left to pick up Colter's Escape and heads downhill into Teton Canyon using the Mill Creek Trail. After joining Teton Canyon Rd (a gravel road), the course turns right and follows this road until it dead ends at Ski Hill Rd. It turns right, following Ski Hill Rd for 2.6 miles then heads back into the forest at a small turnout on the right, which quickly becomes a 4WD trail. This trail rejoins the Mill Creek Trail (2 way traffic) and heads uphill before joining the Lightning Ridge Loop Trail and continues downhill to base of Grand Targhee Resort. After passing through the Start/Finish area at the Base of the Dreamcatcher lift, the route continues north to Rick's Basin, mostly on single track trails, and follows the entire outer loop of Rick's Basin in a clockwise pattern. Upon exiting Rick's Basin, the course goes under the Blackfoot lift and heads back to the Base Area/Finish Line on a single track trail.

Aid Stations - 50km

	50km	Dist to Next
Start	0	2.9
#1 Freds	2.9	3.9
#2 Base/Main	6.8	3.6
#3 Ski Tent	10.4	4.1
#4 Teton Canyon	14.5	2.7
#5 Cold Springs	17.2	3.7
#6 Ski Tent	20.9	4.4
#7 Base/Main	25.3	4.5
#8 Rick's Basin	29.8	1.4
#9 Finish	31.2	

A.S. #

Crew Access

Crew Access - Limited

One Way Trail

Two Way Trail

Pavement Section